

## York Region Autism Resources

Courtesy: Children's Treatment Network

Children's Treatment Network	Description	Contact
CTN website	Children's Treatment Network of Simcoe York.	<a href="http://www.ctnsy.ca">www.ctnsy.ca</a>
Publicly Funded Programs & Services	Description	Contact
Autism Parent ResCTNce Kit	Document from Ministry of Children & Youth Services containing autism supports & programs available across Ontario.	<a href="http://www.children.gov.on.ca/htdocs/English/documents/specialneeds/autism/aprk/Autism_Parenting_Kit_English.pdf">http://www.children.gov.on.ca/htdocs/English/documents/specialneeds/autism/aprk/Autism_Parenting_Kit_English.pdf</a>
Ontario Autism Program (OAP)	Ministry of Children & Youth Services OAP Program info. Previously ABA/IBI.	<a href="http://www.children.gov.on.ca/htdocs/english/specialneeds/autism/ontario-autism-program.aspx">http://www.children.gov.on.ca/htdocs/english/specialneeds/autism/ontario-autism-program.aspx</a>
OAP Waiting List Information	Kinark Central Intake Line.	1-800-283-3377 ext. 3681
Family Services of York Region	Counselling. Sliding scale fee can tap into employee benefits. Evening appointments on Wednesdays and Thursdays.	<a href="http://fsyr.ca/">http://fsyr.ca/</a>
Catholic Family Services Association	Counselling. Available to all families.	<a href="http://ccsy.org/">http://ccsy.org/</a>
Canadian Mental Health Association (CMHA)	York & South Simcoe.	Toll Free contact number: 1-800-263-2075 <a href="http://cmha-yr.on.ca/programs-services/">http://cmha-yr.on.ca/programs-services/</a>
Emergency Crisis Line	York Support Services Network children and youth mental health crisis line.	905-310-COPE (2673)
Community & Family Supports	Description	Contact
Kerry's Place Autism Services	Community Care Access Line.	1-905-713-6808 Ext.350 <a href="http://www.kerrysplace.org/support-and-services/central-region/simcoe-county/">http://www.kerrysplace.org/support-and-services/central-region/simcoe-county/</a> <a href="https://secure.kerrysplace.org/community/Programs.aspx">https://secure.kerrysplace.org/community/Programs.aspx</a> <a href="http://www.kerrysplace.org/calendar/">http://www.kerrysplace.org/calendar/</a>
Autism Ontario, York Chapter	Autism Ontario is the leading source of information and referral on autism and one of the largest collective voices representing the autism community.	<a href="http://www.autismontario.com/york">http://www.autismontario.com/york</a> Jamie Read, Family Support Coordinator 905-780-1590 ext. 102 <a href="mailto:jamie@autismontario.com">jamie@autismontario.com</a> <a href="https://autismcanada.org/">https://autismcanada.org/</a>
Autism Canada		<a href="https://autismcanada.org/">https://autismcanada.org/</a>
Autism Speaks	Autism Speaks enhances lives today and is accelerating a spectrum of solutions for tomorrow.	<a href="https://www.autismspeaks.org/">https://www.autismspeaks.org/</a>
Learning Disability Association of Ontario	Improving the lives of children, youth and adults with learning disabilities.	<a href="http://www.ldao.ca/ldao-services/workshops-courses/partnering-with-schools-for-student-success-effective-parent-advocacy/">http://www.ldao.ca/ldao-services/workshops-courses/partnering-with-schools-for-student-success-effective-parent-advocacy/</a>
Asperger's Society of Ontario	ASO is the only agency in Ontario that is solely devoted to serving those with Asperger Syndrome and their families.	<a href="http://www.aspergers.ca/">http://www.aspergers.ca/</a>
Funding Options	Description	Contact
Disability Tax Credit	Eligibility also opens the door for RDSP, Working Income Tax Benefit, and Child Disability Benefit	<a href="http://www.cra-arc.gc.ca/dtc/">http://www.cra-arc.gc.ca/dtc/</a>
	Application form (for Disability Tax Credit)	<a href="http://www.cra-arc.gc.ca/E/pbg/tf/t2201/README.html">http://www.cra-arc.gc.ca/E/pbg/tf/t2201/README.html</a>
Information on claiming private therapy	Tips on how to claim private therapy and services on your taxes.	<a href="http://www.autismontario.com/client/aso/ao.nsf/Durham/Tax+Info?OpenDocument">http://www.autismontario.com/client/aso/ao.nsf/Durham/Tax+Info?OpenDocument</a>
Assistance for Children with Severe Disabilities (ACSD)	Eligibility is based on family income. Helps with the cost of respite, travel to appointments, assistive devices, prescriptions, dental and vision care.	<a href="http://www.children.gov.on.ca/htdocs/English/specialneeds/disabilities.aspx">http://www.children.gov.on.ca/htdocs/English/specialneeds/disabilities.aspx</a>
Special Services at Home (SSAH)	Helps with the cost of skill development programs and respite for the family.	<a href="http://www.children.gov.on.ca/htdocs/English/specialneeds/specialservices.aspx">http://www.children.gov.on.ca/htdocs/English/specialneeds/specialservices.aspx</a>
SSAH Tip Sheet	Extra suggestions when applying for SSAH.	<a href="http://accessinformation.ca/documents/SSAHFactSheet2009-10.pdf">http://accessinformation.ca/documents/SSAHFactSheet2009-10.pdf</a>
Kerry's Place Flexible Respite Funding	Apply each year in January. Families are selected by a committee, and can re-apply each year.	<a href="http://www.kerrysplace.org/childrens-respite-flexible-funding/">http://www.kerrysplace.org/childrens-respite-flexible-funding/</a>
Autism Ontario One-to-One Summer Support Worker Reimbursement Fund	Funds up to \$600 to cover a support worker that attends March Break or Summer Camp with your child.	<a href="https://www.autismontario.com/camp">https://www.autismontario.com/camp</a>
Autism Ontario March Break Funding	Funds up to \$350 per child or youth to subsidize services purchased during March Break.	<a href="http://www.autismontario.com/client/aso/ao.nsf/web/March+Break+Reimbursement+Fund?OpenDocument">http://www.autismontario.com/client/aso/ao.nsf/web/March+Break+Reimbursement+Fund?OpenDocument</a>

<b>Easter Seals ACCESS2 Card</b>	Pays for the support person (parent, sibling, respite worker) to get free admission to participating entertainment, cultural and recreational	<a href="http://access2card.ca/apply-first-time/">http://access2card.ca/apply-first-time/</a>
<b>Waves of Changes for Autism</b>	Private charity that accepts funding applications for families whose child is diagnosed with a developmental disorder living in Vaughan.	<a href="https://www.wavesofchanges.ca/apply-for-funding/">https://www.wavesofchanges.ca/apply-for-funding/</a>
<b>Three to Be</b>	Private charity with various funding programs to support families who have a child diagnosed with a neurological disorder living in Markham.	<a href="http://www.threetobe.org/pal-assist/">http://www.threetobe.org/pal-assist/</a>
<b>Respite &amp; Recreation</b>	Description	Contact
<b>RespiteServices.com</b>	Listing of respite workers compiled by the Ministry of Children & Youth Services. All workers have had background checks. Also lists some group respite programs.	<a href="https://www.respiteservices.com/Simcoe/index.aspx?lang=en-CA">https://www.respiteservices.com/Simcoe/index.aspx?lang=en-CA</a>
<b>Recreational Respite</b>	1:1 Support and Group-Based recreation programs.	<a href="http://recrespice.com/">http://recrespice.com/</a>
<b>Private Services</b>	Description	Contact
<b>Spirale</b>	Find registered professionals (social workers, dentists, optometrists, psychologists, etc.) and experienced autism workers who specialize in ASD.	<a href="http://www.autismontario.com/spirale">http://www.autismontario.com/spirale</a>
<b>College of Audiologists and Speech-Language Pathologists of Ontario</b>	Find a registered Speech-Language Pathologist in your area.	<a href="https://members.caslpo.com/public/register/default.html">https://members.caslpo.com/public/register/default.html</a>
<b>College of Occupational Therapists of Ontario</b>	Find a registered Occupational Therapist in your area.	<a href="https://payments.coto.org/COTO/COTOWEB/DirectoryRD/COTOWEB/OT_Directory_RD/Directory.aspx">https://payments.coto.org/COTO/COTOWEB/DirectoryRD/COTOWEB/OT_Directory_RD/Directory.aspx</a>
<b>College of Psychologists of Ontario</b>	Search for "clinical psychologist" or "counselling psychologist" with a specialty in children.	<a href="https://members.cpo.on.ca/public_register/new">https://members.cpo.on.ca/public_register/new</a>
<b>Music Therapy Association of Ontario</b>	Find a Music Therapist.	<a href="http://www.musictherapyontario.com/find-a-music-therapist">http://www.musictherapyontario.com/find-a-music-therapist</a>
<b>Ontario Art Therapy Association</b>	Find an Art Therapist.	<a href="http://www.oata.ca/find-therapist">http://www.oata.ca/find-therapist</a>
<b>Educational ResCTNces</b>	Description	Contact
<b>Ministry of Education ResCTNce on IEP and IPRC</b>	Understanding special education in Ontario.	<a href="http://www.edu.gov.on.ca/eng/parents/speced.html">http://www.edu.gov.on.ca/eng/parents/speced.html</a>
<b>Autism Ontario Special Education ResCTNces</b>	Links to Ministry of Education resources.	<a href="http://www.autismontario.com/client/aso/ao.nsf/Durham/Special+Education+Resources">http://www.autismontario.com/client/aso/ao.nsf/Durham/Special+Education+Resources</a>
<b>Information and Learning</b>	Description	Contact
<b>ABA: A parent's guide</b>	ABA in a nutshell.	<a href="https://www.autismspeaks.org/docs/sciencedocs/atn/atn-air-p-applied-behavior-analysis.pdf">https://www.autismspeaks.org/docs/sciencedocs/atn/atn-air-p-applied-behavior-analysis.pdf</a>
<b>The Seven Habits of Highly Effective Parents Raising Children with Special Needs</b>		<a href="http://www.abaresources.com/pdf/thesevenhabits.pdf">http://www.abaresources.com/pdf/thesevenhabits.pdf</a>
<b>Eat Right Ontario</b>	Email or speak to a Dietician for free. Information on picky eating and ASD.	<a href="http://uat.eatrightontario.ca/en/default.aspx">http://uat.eatrightontario.ca/en/default.aspx</a>
<b>Sensory Integration/Sensory Processing Disorder</b>	Learn more about your child's sensory needs.	<a href="http://www.spdfoundation.net/about-sensory-processing-disorder/">http://www.spdfoundation.net/about-sensory-processing-disorder/</a>

<b>Zones of Regulation</b>	A popular program used for children to help them identify their emotions and learn coping skills.	<a href="http://www.zonesofregulation.com/">http://www.zonesofregulation.com/</a>
<b>The Sensory "Diet"</b>	A program designed to help your child meet their unique sensory needs.	<a href="http://sensorysmarts.com/sensory_diet_activities.html">http://sensorysmarts.com/sensory_diet_activities.html</a>
<b>Anxiety Strategies</b>	Resources, strategies and apps to help with your child's anxiety.	<a href="https://www.anxietybc.com/">https://www.anxietybc.com/</a> <a href="http://www.cci.health.wa.gov.au/resources/consumers.cfm">http://www.cci.health.wa.gov.au/resources/consumers.cfm</a> <a href="http://www.anxietybc.com">www.anxietybc.com</a> <a href="http://www.worrywisekids.org">www.worrywisekids.org</a> <a href="http://www.get.gg">www.get.gg</a> <a href="http://www.mindyourmind.ca">www.mindyourmind.ca</a> <a href="http://www.mytoolkit.ca">www.mytoolkit.ca</a> <a href="http://www.cci.health.wa.gov.au/resources/consumers.cfm">http://www.cci.health.wa.gov.au/resources/consumers.cfm</a>
<b>Mind Up</b>	An evidence based program used in some school boards to teach mindfulness, self-regulation and empathy.	<a href="http://thehawndfoundation.org/mindup/mindup-adaptations/">http://thehawndfoundation.org/mindup/mindup-adaptations/</a>
<b>Perseveration Strategies</b>	When your child is verbally stuck on a subject or a sound.	<a href="http://www.snagglebox.com/article/perseveration">http://www.snagglebox.com/article/perseveration</a> <a href="http://www.autismclassroomnews.com/2013/10/truing-to-pull-out-of-perseveration.html">http://www.autismclassroomnews.com/2013/10/truing-to-pull-out-of-perseveration.html</a>
<b>Visual Approaches to Reading</b>	Based on the theory that some children with autism read best by memorizing entire words, rather than using phonics.	<a href="http://www.bsnpta.org/geeklog/public_html/filemgmt/filemgmt_data/files/VOL36NO.4MarApr2004_TEC_Braun36-4.pdf">http://www.bsnpta.org/geeklog/public_html/filemgmt/filemgmt_data/files/VOL36NO.4MarApr2004_TEC_Braun36-4.pdf</a> <a href="http://www.proedinc.com/customer/ProductView.aspx?ID=1068">http://www.proedinc.com/customer/ProductView.aspx?ID=1068</a>
<b>Autism Speaks Reading List</b>	Find reading recommendations on various autism topics, such as therapies, special education, social skills, adolescence, and siblings.	<a href="https://www.autismspeaks.org/family-services/resource-library/books">https://www.autismspeaks.org/family-services/resource-library/books</a>